

# STOWE REC NEWSLETTER

Week 1  
June 21-25

## SUMMER LUNCHES- AVAILABLE FOR ALL CAMPERS

[Lunch Registration](#)

[Lunch Menu](#)

Snacks are not provided with lunches, please pack snacks for your child each day!

**Advanced registration is required!** Our lunches are made off site and picked up in the morning. **You must register by noon the day before!**

Due to the nature of the TREC program daily lunch listed on the menu is not an option for the following dates. Please choose from our sandwich options.

**Monday July 19, August 2, Every Tuesday, Thursday July 1, July 15, July 29, August 5, Every Friday.**

**\*\*If you order a hot lunch on these dates we will automatically substitute it with a sandwich of your child's choice.**

## WHAT TO BRING TO CAMP:

Please label all personal items and clothing with your child's name with permanent ink or labels.

- All shoes must be close-toed and close-heeled that stay securely on the feet.
  - Water shoes can be worn at the river, but they must be secure on the foot and they cannot be worn for daily activities. Flip flops are not considered water shoes.
- Backpack- with the following items:
  - Morning and afternoon snacks
  - Lunch
  - Swimsuit & Towel
  - Water bottle
  - Rainwear
  - Sunscreen & insect repellent
  - Extra set of clothing
  - Hat & sunglasses

# SCHEDULES

## Explorers Schedule

### Full Daily Schedule

- Monday- On site games & activities
- Tuesday- Ice Skating \*Pack warm clothes
- Wednesday- River Day \*pack swimming gear
- Thursday- Bike Day
- Friday- Waterbury Reservoir

## Innovators Schedule

### Full Daily Schedule

- Monday- On site games & activities
- Tuesday- River Day \*pack swimming gear
- Wednesday- Bike Day
- Thursday- Ice Skating \*Pack warm clothes
- Friday- Waterbury Reservoir

## TREC Schedule

- Monday- On site Team Building  
(We will not be biking this day)
- Tuesday- Journey's Falls Field Trip \*pack swimming gear
- Wednesday- Ice Skating \*Pack warm clothes
- Thursday- StoweBowl Field Trip
- Friday- Waterbury Reservoir



Questions  
about the  
week?

Contact our office at  
[recreation@stowevt.gov](mailto:recreation@stowevt.gov)  
or by calling  
(802)253-6138

