



2020 Parent Packet



336 Park St. Stowe, VT 05672

802-253-6138

recreation@stowevt.gov

www.stowerec.org



Dear Parents,

Welcome to our 2020 Summer Camp! We're excited to spend the summer with you and your family! Our camp provides a unique, positive, and safe experience for all, but in order to make this possible for your child we need your help and support.

This packet includes all the necessary information that you will need to prepare your child for their summer camp experience. Please read through this entire packet and make your child aware of all the information pertaining to the policies and procedures. This will provide your child with an understanding of what is expected of him/her while at camp. Each of us; parents, camp directors and counselors play a significant role in making your child's camp experience fun, safe, and memorable.

If you have any questions about our summer camp or your child's experience here, please contact us. On behalf of the staff, we look forward to a fun and rewarding experience with your child!

Happy Summer,

Stowe Parks & Recreation Staff

CAMP GUIDELINES

MISSION:

To Promote Healthy Living and Community Vitality through Public Recreation.

CAMP VISION:

To provide a safe environment where all children can experience nature, expand their learning creativity, create ever lasting friendships and have fun in a beautiful setting.

CAMP VALUES:

- Safety:** To provide a safe and healthy environment for everyone involved in camp programs.
- Respect:** To help children respect themselves, others, and the equipment used to create a fun camp experience.
- Responsibility:** To teach children to be responsible with their belongings and become responsible for their choices and actions.
- Fun:** To give every child the opportunity to make friends, memories, and participate in a variety of recreational activities during their summer camp vacation.

REGISTRATION: To register, please visit our website at www.stowerec.org and click on 'Online Registration' or visit our office Monday-Friday from 8am-4:30pm at 336 Park St in Stowe. We accept cash, checks and credit cards (Visa, Mastercard, and Discover). **Please be sure to register by 4pm the day before.**

WHAT TO BRING: Please label all personal items and clothing with your child's name with permanent ink or labels. The Stowe Parks & Recreation Department is not responsible for lost, misplaced, or stolen items.

- All shoes must be **close-toed** and **close-heeled** that stay securely on the feet.
 - Water shoes can be worn at the river or at the Waterbury Pool, but they cannot be worn for daily activities.
- **Backpack- with the following items:**
 - Morning and afternoon snacks**
 - Water bottle**
 - Lunch***
 - Extra set of clothing**
 - Swimsuit & towel**
 - Rainwear**
 - Sunscreen**
 - Hat & sunglasses**

Parents will be required to grant a yes or no permission for Stowe Parks & Recreation staff to apply sunscreen/insect repellent to their child.

***A lunch program is available for free for campers who qualify through their school district or at \$5 per meal. For more information, visit our website at www.stowerec.org**

WHAT NOT TO BRING:

We try our best to provide a fun and distraction free environment, the following items are discouraged at camp.

Electronics: Cell phones, games, tablets etc. are NOT permitted at our camp.

Toys: Please leave all other toys and personal items home to avoid distractions.

Money: No money should be brought on any field trips unless specified by the Camp Directors in the weekly newsletter. Money that is brought to camp is the camper's responsibility and camp staff will not hold money for campers.

SWIM AND SKATE DAYS:

- Wednesday's provide the children with the option to ice skate or swim. Non-swimmers and beginner swimmers will stay in the shallow end.

- In order to swim in the deep end of the pool, children must pass the Deep Water Test. This test consists of the following:
 - Swim on your front using freestyle or breaststroke across the length of the deep end (25 yards)
 - Rest (Maximum 5-10 seconds)
 - Swim on your front ½ way back (10-12 yards)
 - Roll over and on your back swim the rest of the way (10-12 yards)
 - Tread water for one minute
 - Jump into the deep end with head going fully underwater
 - Additional Deep Water Test Criteria: Guards watch for a mostly horizontal body positioning, face in the water, a linear path, ease of movement and comfort in deep water. Final pass/no-pass decision is based on lifeguard discretion. If a guard feels that a child is too tired or weak after completing any step of the test, the child may be asked to remain in the shallow end and encouraged to try the test again in one week.

CAMP T-SHIRTS:

- Thanks to our local sponsors, each child enrolled in our summer program will receive a camp t-shirt. **CAMP T-SHIRTS MUST BE WORN ON ALL FRIDAY FIELD TRIPS** for the safety of your child. If by chance you have forgotten your t-shirt, replacements are available in the office.

SCHEDULES:

EXPLORERS AND INNOVATORS SCHEDULE:

	Theme	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (6/22-6/26)	Under the Stars	Group Games & Narnia	On Site Camp Day*	Swim or Skate	On Site Camp Day & Big Blue Trunk	FunZone 2.0
Week 2 (6/29-7/3)	Creative Campers	Stowe Recreation Path River Day	On Site Camp Day*	Swim or Skate	Lake Elmore Field Trip	NO PROGRAM
Week 3 (7/6-7/10)	Game On!	Group Games & Narnia	On Site Camp Day*	Swim or Skate	Lake Monsters Game	Get Air
Week 4 (7/13-7/17)	Mini Foodie	Stowe Recreation Path River Day	On Site Camp Day*	Swim or Skate	On Site Camp Day & VINS	Boulder Beach
Week 5 (7/20-7/24)	Kidperneurs	Group Games & Narnia	On Site Camp Day*	Swim or Skate	On Site Camp Day & Absolutely Magic	Lamoille County Field Days
Week 6 (7/27- 7/31)	Rec Gives Back	Stowe Recreation Path River Day	On Site Camp Day*	Swim or Skate	On Site Camp Day & Lamoille Community Food Share	North Beach
Week 7 (8/3-8/7)	Splashtopia	Group Games & Narnia	On Site Camp Day*	Swim or Skate	On Site Camp Day & Special Performer	Jay Peak Pump House
Week 8 (8/10-8/14)	Camp Rewind	Stowe Recreation Path River Day	On Site Camp Day*	Swim or Skate	On Site Camp Day & Circus Smirkus	End of Summer Celebration & Cook Out
<u>On Site Camp Days include activities such as arts and crafts, group games, sports, science activities, nature activities, water games, and more.</u>						

Theme Weeks:

Under the Stars	Camping is a favorite summer activity for most, join us for camping themed activities this week! We'll be spending a lot of time outdoors exploring and learning.
Creative Campers	Arts and Creations of all types! Campers will have opportunities to delve into creative projects, individually and as a group this week.
Game on!	Summer camp wouldn't be nearly as fun without favorite camp games like Capture the Flag, tag, dodge ball and more! Join in on the fun as we play games this week.
Mini Foodie	Getting kids involved in cooking is helps them develop fine motor skills, eye-hand coordination, identify healthy food choices, and even early concepts of math and science. They love activities in

	the kitchen because they can use all their senses! This week we'll be making all sorts of healthy and delicious foods.
Kidpreneurs	Young Entrepreneurs with BIG ideas! This week the kids will experience some creative freedom as they develop concepts and businesses.
Rec Gives Back	Rec needs YOU!! Come make a difference as you and your friends get involved in the community in which you live. This community service week is all about helping others and giving back.
Splashtopia	Beat the summer heat with water games and cool activities!
Camp Rewind	Campers will pick this weeks' theme! We'll take the most popular themed days, games, and activities and relive them one last time this summer!

TREC SCHEDULE:

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (6/22-6/26)	On Site Team Building & GMC Leave No Trace Workshop	Petra Cliffs	Swim or Skate	Stowe Bowl	FunZone 2.0
Week 2 (6/29-7/3)	Stowe Recreation Path River Day*	Bristol Falls	Swim or Skate	Lake Elmore Field Trip	NO PROGRAM
Week 3 (7/6-7/10)	Nebrasak Valley Hike	Outdoor Rock Climbing w/ Sunrise Mountain Guides	Swim or Skate	Lake Monsters Game	Get Air
Week 4 (7/13-7/17)	Stowe Recreation Path River Day*	Warren Falls	Swim or Skate	Stowe MiniGolf	Boulder Beach
Week 5 (7/20-7/24)	GMC Trail Conservation Day	Tubing on the Mad River	Swim or Skate	Elevate	Lamoille County Field Days
Week 6 (7/27- 7/31)	Stowe Recreation Path River Day*	Blueberry Lake	Swim or Skate	Swimming Hole	North Beach
Week 7 (8/3-8/7)	Canteliever Rock Hike	UVM Ropes Course	Swim or Skate	River Tubing	Jay Peak Pump House
Week 8 (8/10-8/14)	Stowe Recreation Path River Day*	Paddling at Waterbury Reservoir	Swim or Skate	Mount Hunger Hike	End of Summer Celebration & Cook Out

PROCEDURES:

CHECK-IN/CHECK-OUT PROCEDURES:

1. **Parents/guardians must park in the parking lot and accompany their child each day to and from the check-in/check-out table** located on the patio of the David Gale Recreation Center. This provides the opportunity to maintain efficient communication between staff and parents.
2. **Check-in is from 8:00am to 8:45am.** If you arrive after the drop off time, please check in at the **Parks and Recreation Office** as groups have already started their day.
3. **Check-out is at 4:00 p.m.** If you are late for pick-up your child will be enrolled into our aftercare program and you will be charged the daily aftercare fee of \$10. This payment must be settled prior to your child's next scheduled day in order to attend camp.

LATE PICK UP PROCEDURE:

The Stowe Parks and Recreation Department works diligently to provide affordable programs to the community. The affordability of our programs greatly depends on the promptness of the parent pickup. Please pay close attention to the end time and pick up location of your child's program.

Late Fees:

5-10 minutes late - \$5

11-20 minutes late - \$10

21+ minutes late - \$20

Fees will be invoiced at time of pick-up or within 24 hours and must be paid prior to future involvement or enrollment in programs. Exceptions may be made if staff is contacted in advance for extenuating circumstances on a case to case basis.

BEFORE CARE AND AFTER CARE: Before Care is available from 7:30am to 8:00am and After Care is available from 4:00pm to 5:00pm. **Registration is required the day prior.**

APPOINTMENTS/EARLY PICK-UP: Late arrivals and early pick-ups are highly discouraged during the camp day. It interrupts your child's experience and is distracting to all enrolled within the camp. Due to the "on- the-go" format of our camp, campers could be on campus, at the river, around town, etc., and it becomes very difficult to try and coordinate a child being picked up early.

If an early pick-up is unavoidable you must provide the Camp Director with a written note at the time of check-in. If a last-minute early pick-up is necessary and you were unable to inform the Camp Director in the morning, please call the recreation office as soon as possible. Please plan for extra time when picking up your child.



AUTHORIZATION FOR PICK-UP: Parents/guardians are asked to provide a list of people authorized to pick up their child at the time of registration. We will not release your child to anyone who is not on the list. If you need to update the list, you can do so at check-in or check-out by clearly communicating with the camp director. If this is a last-minute situation, you must notify the Recreation office.

TRANSPORTATION: Parents/guardians must transport their child to and from camp each day. Any transportation for activities and field trips is provided.

For Specialty Clubs:

We provide transportation to and from most club facilities for those registered in our 8-week summer program, except for the Stowe Swimmers Club. Any participant enrolled in a specialty club and NOT our 8-week summer camp must be transported by a parent/guardian to and from club facility OR arrive and check-in the main office at the Recreation Center 10-minutes prior to the departure of the bus. The summer camp daily rate will apply if your child is in our care for longer than the club's specified time.

Walkers or Bikers:

Any child with permission from a parent/guardian to walk or ride a bike to and from our camp must provide the Camp Director with a written note. The time of arrival and departure must be clearly stated on the note. Participants who ride their bikes to camp shall not ride nor play with their bikes during program hours unless it is a specified bike day.

FIELD TRIPS:

Please be **EARLY** for field trips. All field trips are outlined on the corresponding camp schedules above. Please make note that all activities are subject to change due to weather. If a field trip is rained out, then parents will be contacted, and another trip will be substituted in its place. Parents will be notified of field trips each week in the Newsletter which goes home on Mondays. If a parent does not want their child to attend a field trip, the parent must keep the child home on that day. Always send your child wearing their **Stowe Rec Summer Camp T-shirt** on Friday Field Trips, please! In the event of a behavioral situation, parents may be required to pick the child up from the field trip location.

LOST & FOUND: All lost & found items will be displayed at the end of each camp day. At the end of the summer all lost and found items will be donated to a local charity.

WAIVERS:

Some field trips may require an additional waiver to be signed. For more information regarding these additional waivers will be relayed at the start of camp.

MEDICAL AND HEALTH INFORMATION

If your child needs to take any medication, prescribed or over-the-counter, while at camp the **Medication Authorization Form** must be completed and turned in prior to the first day of camp. **The Camp Directors are unable to administer any medication to your child until a Medication Authorization Form is completed and returned to them or the Recreation Office.**

ILLNESS PROCEDURES:

If your child is not feeling well, please keep them home from camp for the day to ensure the health of others. We do not have a nurse on staff or the accommodations for ill children. Parents will be contacted to pick up their child if their child is ill. If you keep your child home because of an illness, please contact the Recreation Office.

LICE PROCEDURES:

If your child has lice, we ask that they do not return to camp until they no longer have any traces of lice or nits (lice eggs).

EMERGENCIES:

In the event of an accident or sudden illness, the camp staff is equipped with the supplies and certified to administer first aid and CPR. If the situation warrants further attention, the proper emergency services will be contacted. We will be to notify the parents, by phone, if any injury or illness requires medical attention. If we do not reach a parent our next action will be to contact those listed as emergency contacts. Please make sure ALL emergency phone numbers are current, ***we must be able to contact someone at all times.*** If you have an emergency and need to reach your child during camp hours, please call the Recreation Office at 253-6138 and the message will be conveyed to the camp director immediately.

EMERGENCY DRILLS:

Throughout the summer the Stowe Parks and Recreation Department may conduct emergency drills during camp hours. These drills may include fire drills, pool safety drills, lost child drills, and others.

BEHAVIOR MANAGEMENT & DISCIPLINE GUIDELINES:

Our staff is trained to have a **Firm, Fair, and Consistent** philosophy on behavior management. Parents and/or Guardians are responsible for reviewing the Behavior Contract with their child(ren) to establish clear understanding of behavioral expectations and the consequences of not meeting these expectations. The Behavior Contract ensures that campers, parents/guardians, and staff have an established foundation of understanding before the start of our program.

Child Will:

- **Stay with assigned group at all times.**
- **Be responsible for their own actions. Do not blame others.**
- **Never hit, push, shove, bump, or be rude to others.**
- **No running in the building hallways.**
- **Respect others in what you say and do.**
- **Listen to camp leaders and follow directions.**
- **Use appropriate language.**
- **Keep hands to oneself and maintain self-control.**
- **Take care of own belongings.**
- **Use equipment and supplies in a safe and appropriate manner.**
- **Teasing and bullying are not tolerated, and children should report these incidents immediately to their counselor.**
- **Communicate in an appropriate manner; no foul language or gestures, harsh words or tone of voice.**
- **Never bring weapons or unsafe items to camp.**
- **Play safe and have fun.**

Children should understand that if they break any of the rules above then there will be consequences and possible dismissal from the program. Consequences are outlined in the Discipline Procedures on the following page.

DISCIPLINE PROCEDURES:

In an effort to better acquaint the participants and parents of our discipline procedures, we are providing you with our steps for dealing with disciplinary concerns. Disciplinary actions will be taken in this order:

Step 1: Time Out

We make the child aware that they have crossed a defined boundary, have them acknowledge their wrong-doing; explain why they need to sit out of an activity for a brief period (2-15minutes). We also remind them that continuation of such behavior may lead to suspension from future activities. Time outs will be documented.

Step 2: Activity Suspension

If the behavior persists, the child is suspended from a daily activity. This may include activities such as swimming, sports, games, etc. These incidences will be documented, and parent will be informed of the incident and the disciplinary action.

Step 3: Parental call from Program Director

The Program Director will call the parents. Behavior issues will be discussed, and resolutions will be determined. In some situations, the parent may be asked to pick-up their child

Step 4: Parental meeting with Program Director

The parents will be asked to meet with the Program Director. Meetings will be scheduled dependent on availability. This meeting is a time for the parents and Program Director to set up a behavior plan. Parents will understand that the next step is program suspension and possible expulsion.

Step 5: Program Suspension

If the behavior persists, the Stowe Parks and Recreation Department reserves the right to suspend the child for a period determined by the Program Director. This includes field trip days. Refunds are not issued for disciplinary dismissals.

Step 6: Expulsion

The Stowe Parks and Recreation Department reserves the right to expel your child in the event of serious or persistent inappropriate behavior. Refunds are not issued for disciplinary dismissals.

The Department reserves the right to skip steps should the situation warrant.

For any questions about this document, please email Kelli Millick, Program Director at kmillick@stowevt.gov.